



HEAD OF FEMUR
GREAT PLAINS
Greyday Records
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HEAD OF FEMUR is the willfully weird orchestral pop brainchild of pop auteurs Mike Elsener and Matt Focht (former Bright Eyes drummer). *GREAT PLAINS*, Head of Femur's newest, is the band's third chapter in the journey that started on the brittle badlands of Nebraska, continuing in the urban jungle of Chicago, transforming the band from a wieldy pop collective into a tight-knit rock band.

With *GREAT PLAINS*, Head of Femur sheds the excessive glory of past efforts and focuses on immediate melodies and whip-smart song structures to produce the band's best set of songs to date. As much as it represents a major leap forward, *GREAT PLAINS* is also a return home: to Portland's Greyday Records, home of Head of Femur's 2003 critically-acclaimed debut album *RINGODOM OR PROCTOR*, an album *Billboard* called "fresh, fun and original."

When that album became an immediate underground hit, receiving rave reviews by tastemaker's like *Magnet*, *Chicago Tribune*, *New York Times*, and Pitchfork, Head of Femur hit the ground running, launching U.S. tours with Wilco, Bright Eyes, Dr. Dog and others, as well as releasing their sophomore album on SpinART, 2005's *HYSTERICAL STARS*.

Rapid recording sessions in the spring of 2006 resulted in *LEADER AND THE FALCON*, a 6-song EP self-released in the fall of 2007. Pitchfork called it "a musical equivalent of what Dorothy might have felt like when first stepping out of her house into Oz."

Yet despite the raves, the EP turned out to be a swan song for Head of Femur's former self. As a massive pop collective known at times to include 20-plus musicians, Focht and Elsener wanted change.

GREAT PLAINS is the ultimate turnaround record featuring Head of Femur's core players, who reinvented their approach to songwriting as a five-piece while still staying true to their ambitious trademark sound.

Head of Femur formed in 2001 in Chicago after 3 of the 5 current members moved to Chicago from Omaha and Lincoln, Nebraska. The lineup now includes lead singer and rhythm guitarist Matt Focht, lead guitarist and vocalist Mike Elsener, keyboardist Eathan Janney, drummer Colby Starck and enigmatic-named bassist The Chancellor (the only band member who still lives in Nebraska).

Lacing together art-rock sensibilities reflective of Talking Heads and the homegrown comfort of Neil Young and The Band, *GREAT PLAINS* follows lyrical snapshots from Head of Femur's home state, set to music that gives them flight. Rhythmically complex yet immediately catchy, *GREAT PLAINS* shows Head of Femur in a new year where change is good.



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FULL-ART ADVANCE PROMOS of *Great Plains*, interviews, promo, photo, and MP3's are available upon request.

For additional info on Head of Femur, visit:
www.myspace.com/headoffemur

GREYDAY RECORDS: www.greydayproductions.com

HEAD OF FEMUR **Discography**

Full-length albums

GREAT PLAINS, Greyday Records (2008)

HYSTERICAL STARS, SpinART (2005)

RINGODOM OR PROCTOR, Greyday Records (2003)

EPs

LEADER AND THE FALCON, self-release (2007)